

Club Information

Rotary Club of San Fernando (LU), Inc.
District 3790
Club No. 16918
Chartered: November 25, 1959

Sponsor:
Rotary Club Dagupan
Club Email: rotarylu@sflu.com
Telephone #: 072-700-2468

Message of RI President Bhichai Rattakul at the Rotary Zone Institute Manila 2002, Oct. 25, 2002

continuation...

We must remember that every act of service, no matter how small, is like a seed – a seed of love that will grow throughout our world, changing our world. And often, these acts of service are so simple, like lending a tricycle to a child

This may seem like a frivolous example – how can lending a tricycle to a child change the world?

In the rural provinces of Thailand, children often have to walk several miles to get to the nearest school. Many children simply cannot do it. They may lack decent shoes, they may be needed to help out at home during the time it takes to walk those miles, they may be hungry or tired or sick and they need to reserve their strength.

So they don't get an education. And without an education, they are cut off from any and all opportunities to improve their circumstances.

But Rotarians reached out to help these children. Through a Rotary Foundation Matching Grant project, these children are given access to tricycles, which they return after they finish their schooling so that other children may use them.

Yes, this is a small thing, indeed. A small thing that makes the lives of these children easier, that supports them in getting an education, that lets them know that there is great love in this world, and that their struggles have not gone unnoticed – a small thing that breaks a relentless cycle of poverty and hopelessness.

This, my dear friends, is the challenge before us – this day and always – to open our hearts to all who suffer and to commit ourselves to helping in every way we can. To know that every act of service, done with love, has the power to change lives.

As leaders of Rotary, you have the opportunity to inspire our clubs. When you return home, you can inspire our clubs and Rotarians to plant more seeds of love. Just remember that you are to lead, but not to command. You are to persuade, but not to insist. No seed ever grew because someone ordered it to sprout. Encouragement and friendly persuasion will be the sunshine and water that lead to success in Sowing the Seeds of Love.

We have all the opportunities, everywhere and anywhere to Sow the Seeds of Love. Let us not retreat to our own little corner of the world to hide our heads in the sand. Let us not be so concerned over our own problems that we haven't time for the more important things in life.

No one can force us to do what we don't want to do. No one can force us to love what we don't love. But the very fact that you and I are in Rotary, that you and I have taken the time and effort to attend this Institute, has only one meaning – that there is something here that is worthwhile.

That something is love. By sharing; our love with others through fellowship and service we are blessed with joy. Without love, Rotary is hollow, because service without love is artificial. We have to perform our service with love, sincerity and dignity.

The seeds of love will not grow unless they are scattered throughout the land. It is only when you share your love that will you be blessed with joy and even more love to give.

The seeds of love are the seeds of life.

Go forth, then and Sow The Seeds of Love.

PROGRAMME

Part I

9:00 AM

Christmas gift giving to 1200 families
in Bauang Town Plaza

Part II

11:00 AM

Residence of PP Martin de Guzman former
Cresta Ola Beach Resort

Call to Order

Pres. Rex Mendoza

Invocation &
Four Way Test

Fr. Rodel Arellano

National Anthem

Dir. Ernie Galera

Christmas Message

Pres. Rex Mendoza

Fellowship & Christmas Party

Adjournment

Pres. Rex Mendoza

Day Chairman & Master of Ceremonies
Dir. Jerry Parlan



*Merry Christmas &
A Happy New Year*

Centerstage



President Rex Mendoza



Dir. Jerry Parlan



VP Rey Nisce

Club Service



Dir. Alan Sy

Community Service



Dir. Jun Tio

Youth Service



Dir. Ernie Galera

Vocational Service



Dir. Arnold Ignacio

International Service



IPP Richard Dy

Ex-Officio

JAGed

MERRY CHRISTMAS & HAPPY NEW YEAR!

It was a cold December, 4 years ago, when I found myself wandering the streets of Chicago. I had just attended a Radiology Convention and I had 2 days to ‘kill’ before a flight to Minnesota to visit relatives. Since I was new to the place I decided to make the most of the two days by touring as much of Chicago as I could, avoiding the ‘South Side’ which as Jim Croce said in his song ‘Leroy Brown’, is the “baddest part of town.” Fortunately, going around Chicago even with only a map provided by Convention organizers, was easy. The winds were chilly & since I was travelling alone, I felt the loneliness w/c must have motivated Paul Harris to found Rotary. However, the melancholy was fleeting since the people were friendly. The streets signs were clear and the trolleys, buses and underground monorail were color-coded and on time, so there was no need to blow my budget on taxis. I first visited an Art Museum, although I was not a connoisseur. Then I went to their Museum of Natural History. Surprisingly, this museum had a section on Philippine fauna and flora. I learned that although we have few large native animals like the elephants and hippos of Africa, we have the greatest biodiversity in the world. The number of species of insects, fish, birds and small mammals in our country is simply astounding. Of course, all this may change given our lack of environmental concern. Then I ate lunch in Michael Jordan’s restaurant, which just a year later he would sell to another Sports icon, Sammy Sosa. I then visited the haunts of gangster, Al Capone, who made Chicago famous during the prewar Depression as the “hub of the mob.” Then being a physician, I passed by the hospital where the TV series “Chicago Hope” was shot. I had dinner in the restaurant in Sears Tower, the tallest building in the U.S.A, taller than the fallen Twin Towers of New York by virtue of a spire at its top. Within the ‘resto’ you get a panoramic view of the lighted city and I was amazed by how well organized the metropolis was. The

Editor Jerome Gaerlan

city planner was Burnham- same fellow who designed the park in Baguio. After supper, I shopped a little at the ‘Golden Mile’, which consisted of several blocks of Department stores. Then I returned to my hotel. Following day I passed by a church, visited their aquarium and zoo. I was about to end my solo tour with lunch at McDonald’s but my curiosity was aroused by a line of students on a field trip. I followed them as they went to the City Planetarium. The place was’t impressive w/ signs of wear and tear. However, they were featuring a ‘show’ about the ‘Star of Bethlehem’ so I went in. The fee was 10 dollars and I hesitated since this was my lunch money. I finally decided to go in. After we were seated, the lights were put out and we viewed the simulated night sky, while a voice gave us a basic lecture on the constellations. Then the constellations were shifted to their position 2 millennia ago. The show was a well-researched presentation on the real nature of the ‘Star of Bethlehem’. Likely ‘candidates’ like comets, supernovas, Sirius, Venus and ‘UFO’s’ were tackled and using Bible passages, historical records, astronomical projections & common sense, they were eliminated. The ‘winner’ turned out to be superimposition of planets Venus, Jupiter and Saturn. Evidence was the Biblical narration of the path followed by the Three Magi and a review of astronomical data. I left the Planetarium impressed by the ‘scientific work’ done by those who put up the show but I also left with my Faith reinvigorated. Why did the planets converge exactly when the 3 ‘wise men’ made their journey of homage, leading them Jesus born in a manger? Coincidence? Well, I’ll leave that for you to ponder. My apologies to PE Alan Sy for choosing a ‘Star Show’ over a ‘McDonald’s meal. I’m sure he would agree w/ the saying “Man does not live by Bread alone.” Why else would he join Rotary and agree to become our Club President 100 years after Paul Harris presided over the 1st Rotary meeting? Merry Christmas and a Happy New Year to all of you!

roTAWA

Dir. Alan D. Sy

•THREE WISE WOMEN

What would have happened if it has been Three Wise Women instead of Three Wise Men? They would have asked directions, arrived on time, helped deliver the baby, cleaned the stable, made a casserole and brought practical gifts.

•CHRISTMAS GIFT IDEA

Buy your friend a lot at Vista del Cielo. Then after that stop giving them gifts. It they start wondering why, tell them they haven’t used your first gift yet.

•CHRISTMAS NUTS

FIRST PATIENT: Doctor, I keep thinking that I’m a Christmas Bell.
DOCTOR: Take two aspirins and rest. If the feeling does not go away, give a ‘ring’.
SECOND PATIENT: Doctor, why do I have this unusual fear of Santa?
DOCTOR: Perhaps, you are suffering from a case of ‘Claus-trophobia’.
THIRD PATIENT: Doctor, I have this strong urge to steal whenever I go Christmas shopping.
DOCTOR: Take these pills. If they don’t work, come back and bring me a new video camera.

contributed by PP JEROME

COPE (Crosswords & Other Puzzles for Enthusiasts)

PD Tim Warden

S J R E C N A R P M B O H B A
N C E R J E S U S I X B P X L
A O R U D O L P H T A T E J T
J E G R I N C H F N H I D A Z
X T A R Y G A B R I E L J R T
P M X V I X E N O T R O D M B
J G S T Y E L C S T Y J Z A F

- | | |
|-------------|--------------|
| 1. JESUS | 11. RUDOLPH |
| 2. NOEL | 12. DANCER |
| 3. MARY | 13. PRANCER |
| 4. JOSEPH | 14. COMET |
| 5. GABRIEL | 15. VIXEN |
| 6. MELCHOR | 16. FROSTY |
| 7. GASPAR | 17. BOBTAIL |
| 8. BALTAZAR | 18. SCROOGE |
| 9. HEROD | 19. TINY TIM |
| 10. SANTA | 20. GRINCH |

TIPS

(**T**idbits, **I**nformation & **P**ractical **S**uggestions)

God must have been a Rotarian for he has sown the seed of love through his son Jesus.

Each year we hear again the ancient Christmas story. Each year we retell the astonishing entrance that God made into our broken world and we are moved by God's capacity to surprise us with love. Something new had happened; something original and fresh had been revealed; nothing would ever be quite the same again. God made the choice to break the silence of ages, to give himself away in love.

The Christmas story we hear each year is the same, but we are different, our world is different, our memories have grown, our hopes have been tested, our love has been called on in new ways. But no matter what changes we have undergone, what losses we have mourned, the Christmas story speaks to us again of new birth and the possibility of our own rebirth. It tells us that things can be different; it gives substance to our hope that new life is possible because of the birth of the Son of God.

Rtn. Father Rodel Arellano, SVD

We are drawn into a drama that is larger than our own; we are invited to share the mood of joy and hope; we are asked to take our own place in the dark of the manger and behold the gift of God, wrapped in swaddling clothes.

This invitation, which has been extended to all believers down the centuries, reached us again today: to come and worship, to see for ourselves the fragility of God, the littleness of the Mighty One, the sheer tenderness of a love that is offered to all peoples, the seed of love that is sown in the world.

With the birth of a child a new adventure in faith begins, a new approach to God is opened up for us, a new way of relating to each other is asked of us. Because this child becomes for all of us... a seed of love sown in the hearts of man.

That is why we make the journey back to Bethlehem each year to rediscover our own roots in the gift of Jesus. For us, it is a journey home.

TEST

(**T**en **E**xercises for **S**tudents of **T**rivia)

Trivia about Christmas – facts and fables about the celebration of Christmas
What does "Christmas" literally mean?



1. In what century was the first Christmas celebrated?
2. The modern Christmas trees, as we know them, originated with whom?
3. In what country did the Christmas tree tradition originate?
4. On what tree is mistletoe usually found growing?
5. What does "Epiphany" mean?
6. What is the country of origin for the word "XMAS"?
7. The original Santa Claus was born in what country?

8. Who sang the song "Rudolph the Red Nose Reindeer" in 1949?
9. What U.S. state was, at one time, illegal to celebrate Christmas?

Answers last issue

1. MI Garand
2. Springfield '03 Rifle
3. Caliber 44 or .44
4. 1911
5. Eight
6. Eugene Stoner
7. MI4
8. Beretta
9. Increased accuracy
10. Austria

Answers on next issue

Rotarian Ruel T. Tana

C.P.R. (Club Pass & Review)

I was the Day Chairman and Master of Ceremonies of our meeting two Tuesdays ago when we had our election. Pres. Rex allowed a couple of minutes for campaigning before he called the meeting to order. When everything was ready, we started with Fr. Rodel who led the Invocation in Pilipino followed by Dir. Ernie who led the Pambansang awit. Dir. Alan, who I think was the most nervous person among us that afternoon, gave the Welcome and Greetings and announced a long line up of celebrants. Dir. Jun led the Club Singing together with a bunch of back-up singers to make sure the audience would participate. Friendship Session came next with Fine Master PE Rey who gave a Trivia on RCSFU Past Presidents. This was followed by the President's Time where Pres. Rex gave his announcements and wished all candidates good luck. We proceeded with the election through the guidance of our Comelec

Sec. Reggie Chan

Officials, PP Rudy, PP Ben and PP Marc.

The results were:

President Elect for Rotary
Centennial Year 2004-2005
Alan Sy

Vice President for RY 2003-2004
Alan Sy

Directors for RY 2003
Fr. Rodel Arellano
Mike Paderon
Jun Tio
Reggie Chan
Tim Warden

It was past 2 pm. when we finished. Contented with the outcome, Pres. Rex adjourned the meeting.

WE CARE

(*Weekly Cartoon Editorial*)
Sec Reggie Chan



e-QUIP (Quotes from the Internet)
Sec. Reggie C. Chan

"Christmas is a time to think of what God gave to us and what we can give to him."

-Anonymous

Club FulFILMent

Gift giving at SPED & Women Center



- editor

Prex

December is one of the most important month in a year.

First it gives you the opportunity to review what we have done for the year and afterwards offer yourself a good pat in the back and a nice bottle of champagne for accomplishing a great deal for the past year - learned from the mistakes we have committed and eventually make some adjustment for accomplishment the next year.

Second, it gives you the opportunity to share your riches to others because that is the key in earning and receiving more for the next year. I always believe it is not what ANIMAL that will represent the next year that dictates your prosperity, nor the economic crisis, nor the economic advisers of the Government that will give you business, but its how much you have shared to others. Try considering this, the total amount you have shared for the year will be the 10% of what you will expect next year. It is not yet the end of the year, hurry up.

Third, it gives you the opportunity to THANK those people who help us for the year

PRESIDENTS' CORNER President Rex O. Mendoza, Jr.

without sounding corny. So, to all of you who have been with us for the year - from the DA, the different inductions, the different community projects, our regular Tuesday meeting, to those who shared their vehicle, their money, their time, their talent and most of all their life - from our heart, MARAMING SALAMAT, you touch our heart and our life in a way that we did not expect. Consider also these, once somebody forgot to thank you for good deeds that you have done, for sure someone in HEAVEN will do it for me, as it was said, that once you received already in EARTH all that due you, you do not have anything to ask for in HEAVEN.

Fourth, it gives us the opportunity to let the KIDS in us, once again experience life to the fullest. Let the KID in us enjoy and make merry, that is the secret of happiness and fulfillment.

So, to all of you, my dear family in Rotary, our warmest greetings of LOVE, PEACE, JOY, HAPPINESS and PROSPERITY for Christmas and in the coming year!

Rtn. Robert O. Sibayan

Rotaxonomy

(Rotary Classification Talk)



**Dir. /Pres. Elect Allan Sy
RY 2004-2005**

As all of you know, food franchising is one of the "in" thing or the most common when one thinks in venturing to business today. The reasons: a) it's already well-known, b) it's easy to manage- the system is already in place, tested and ready to go. Franchising is the authorization granted to an individual or a group by a franchisor to sell it's goods and services, and of course the use of logo and trademarks. In exchange, a franchisee pays a certain amount of

royalty- it can be a one time pay or a percentage taken from monthly sales. So, as one of the franchisee of the biggest fast food chain in the world- "McDONALD's". what is my job? Well, by simply complying with the goals and the standards set by McDONALDs International. My goal is to achieve total customer satisfaction by: a) Serving quality food – Hot, fresh, and safe. b) Giving good service – fast, friendly, and accurate, c) having a clean and sanitize premises, and lastly, d) Giving value for our customers money. So, as a franchisee that's what I commit and do. KITA-KITS!